Section 1: General Information

School(s) included in the assessment:

Jenison Public Schools

Month and year of current assessment: <u>August 2024</u>

Date of last Local Wellness Policy revision: July 2024

Website address for the wellness policy and/or information on how the public can access a copy:

https://z2policy.ctspublish.com/luskalbertson/browse/jenisonset/jenison/z20000093

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Once/year

School Wellness Leader:

| Name | Job Title | Email Address |
|--------------|-----------------------|-----------------------|
| Mary Darnton | Food Service Director | mdarnto@hpseagles.net |

School Wellness Committee Members:

| Name | Job Title | Email Address |
|------------------|------------------------------------|-----------------------|
| Tracy Nelson | Asst. Food Service Director | tnelson@hpseagles.net |
| Ben Matzke | Asst. Food Service Director | bmatzke@hpseagles.net |
| Christine Marcy | Director of Finance and Operations | cmarcy@jpsonline.org |
| Rachel Zondervan | Jenison parent | rlzondervan@gmail.com |
| Crystal Morse | Principal | cmorse@jpsonline.org |
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Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- □ Michigan State Board of Education Model Local School Wellness Policy
- □ Alliance for a Healthier Generation: Model Policy
- □ WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

The Superintendent designates in the policy that the Food Service Director will be the head of the wellness committee and will be responsible for coordinating meetings and making policy recommendations for the Board of Education.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - \circ $\;$ Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- Measurable: Quantify the progress.
- Attainable: Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- Time bound: Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing SMART objectives.

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Jenison Public Schools

Date: <u>5/5/21</u>

Nutrition Promotion and Education Goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|-------------------------|--|-----------------|--|-----------|
| | We will create annual promotion calendar that highlights locally sourced foods. | By June 30 annually | Check-ins with Food Service Management Team | Tracy Nelson | Students, teachers, staff | Yes |

Physical Activity Goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|-------------------------|---|----------------|--|-----------|
| | Ensure teachers have access to current curriculum models. | August of each year | Annual teacher evaluation | | Teachers, principals, curriculum office | On-going |

School-based activities to promote student wellness goal(s):

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|-------------------------|---|------------------------|--|-----------|
| | | September of | C C | Building Principals | All staff | On-going |

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|--------------------------------|---|----------------|--|-----------|
| Any foods and beverages marketed or promoted to students on the school campus, during the school day, will meet or exceed the USDA Smart Snacks in School nutrition standards. | All nutrition information for snack items must be run through the smart snack calculator. | Annual review | Documentation from Smart Snack calculator and published nutrient analysis of the menu. | Service | Food Service Staff, Building Principals | On-going |

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Guidelines for other foods and beverages available on the school campus, but not sold:

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|---|--------------------------------|---|----------------------|--|-----------|
| Healthy snack | District will compile a list of healthy | Annually | Completion of annual list | Food | Building Principals and | On-going |
| suggestions | snack suggestions that can be shared with each school building | each August | 0 | Service Directors | Teachers | |

Marketing and advertising of only foods and beverages that meet Smart Snacks:

| Goal What do we want to accomplish? | Action Steps What activities need to happen? | Timeline Start dates | Measurement How is progress measured? | Lead Person | Stakeholders Who will be involved and/or impacted? | Complete? |
|---|--|--------------------------------|---|----------------|--|-----------|
| Ensure marketing materials do not promote foods outside of the regulations | Review all current marketing in cafeterias to comply with the goal | Annually by November | | Service | School Building Principals and Food Service | On-Going |