

Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/19/2019																
JIA Menu B	Total	1														
Garlic Cheese Bread	piece	1	260	20	380	3.00	1.80	250.0	0	0.0	2	15.0	28.0	11.0	5.00	0.00
Celery Sticks	4 STICKS	1	3	0	17	0.34	0.12	6.8	34	1.23	0	0.0	0.68	0.0	0.00	0.00
GRAPE JUICE	1 EACH	1	80	0	10	0.00	0.36	0.0	0	60.0	18	0.0	19.0	0.0	0.00	0.00
APPLE FRESH	3"	1	95	0	2	4.37	0.22	10.9	98	8.37	19	0.47	25.13	0.31	0.05	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			688	36	954	9.45	3.03	610.1	8930	72.46	67	24.44	105.07	20.65	7.63	0.00
% of Calories											38.7%	14.2%	61.1%	27.0%	10.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 08/20/2019																
JIA Menu B	Total	1														
Garlic Cheese Bread	piece	1	260	20	380	3.00	1.80	250.0	0	0.0	2	15.0	28.0	11.0	5.00	0.00
Grape Tomatoes	1/2 cup	1	15	0	5	1.00	0.18	10.0	750	12.0	3	1.0	3.5	0.0	0.00	0.00
DICED PEARS	1/2 cup	1	60	0	5	2.00	0.00	0.0	0	1.2	12	0.0	16.0	0.0	0.00	0.00
GRAPES,FRESH	1/2 cup	1	55	0	0	0.50	0.36	10.0	0	0.0	12	0.5	14.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			640	36	935	8.24	2.87	612.3	9547	16.05	56	25.47	93.75	20.34	7.58	0.00
% of Calories											34.9%	15.9%	58.6%	28.6%	10.7%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 08/21/2019																
JIA Menu B	Total	1														
Garlic Cheese Bread	piece	1	260	20	380	3.00	1.80	250.0	0	0.0	2	15.0	28.0	11.0	5.00	0.00
Sweet Potato Cubes	1/2 cup	1	213	0	467	2.67	0.96	26.7	0	0.0	7	1.33	29.33	9.33	0.67	0.00
MANDARIN ORANGES,CND,LT SYRUP,	1/2 cup	1	90	0	10	0.00	0.36	20.0	400	18.0	19	1.0	20.0	0.0	0.00	0.00
BANANA	6-7 inch	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			903	36	1403	10.03	3.92	644.0	9262	29.64	67	27.40	132.66	30.01	8.36	0.00
% of Calories											29.8%	12.1%	58.8%	29.9%	8.3%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 08/22/2019																
JIA Menu B	Total	1														
Garlic Cheese Bread	piece	1	260	20	380	3.00	1.80	250.0	0	0.0	2	15.0	28.0	11.0	5.00	0.00
Lettuce, Romaine Ribbons	1 cup	1	10	0	0	1.00	0.36	20.0	0	0.0	1	1.0	2.0	0.0	0.00	0.00
Fiesta Black Beans	1/2 cup	1	120	0	460	5.00	1.80	40.0	0	0.0	1	7.0	22.0	0.5	0.00	0.00
Pineapple Tidbits	1/2 cup	1	70	0	0	1.00	0.36	0.0	75	9.0	15	0.0	18.0	0.0	0.00	0.00
ORANGES WEDGES	1 ORANGE	1	90	0	0	5.00	0.00	60.0	400	90.0	0	2.0	21.0	0.5	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			800	36	1385	16.74	4.85	712.3	9272	101.85	46	33.97	123.25	21.35	7.58	0.00
% of Calories											23.2%	17.0%	61.6%	24.0%	8.5%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 09/03/2019																
JIA Menu B	Total	1														
Cheese Pizza/WG crust Elem	Slice	1	370	40	580	4.00	2.70	250.0	500	0.0	10	17.0	40.0	16.0	8.00	0.00
APPLESAUCE,CANNED,UNSW TND	1/2 cup	1	50	0	10	1.00	0.00	5.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
GRAPES,FRESH	1/2 cup	1	55	0	0	0.50	0.36	10.0	0	0.0	12	0.5	14.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			725	56	1135	7.24	3.60	607.3	9297	2.85	60	26.47	98.25	25.34	10.58	0.00
% of Calories											33.3%	14.6%	54.2%	31.5%	13.1%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2019																
JIA Menu B	Total	1														
Cheese Pizza/WG crust Elem	Slice	1	370	40	580	4.00	2.70	250.0	500	0.0	10	17.0	40.0	16.0	8.00	0.00
Celery Sticks	4 STICKS	1	3	0	17	0.34	0.12	6.8	34	1.23	0	0.0	0.68	0.0	0.00	0.00
APPLE JUICE	1 EACH	1	50	0	10	0.00	0.00	0.0	0	60.0	12	0.0	13.0	0.0	0.00	0.00
BANANA	6-7 inch	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			763	56	1154	8.71	3.62	604.2	9396	72.87	62	27.07	109.01	25.68	10.69	0.00
% of Calories											32.5%	14.2%	57.1%	30.3%	12.6%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Thu - 09/05/2019																
JIA Menu B	Total	1														
Cheese Pizza/WG crust Elem	Slice	1	370	40	580	4.00	2.70	250.0	500	0.0	10	17.0	40.0	16.0	8.00	0.00
PEAS - FROZEN	4 OZ	1	89	0	0	5.10	1.38	0.0	255	4.59	5	6.37	15.29	0.0	0.00	0.00
Pineapple Tidbits	1/2 cup	1	70	0	0	1.00	0.36	0.0	75	9.0	15	0.0	18.0	0.0	0.00	0.00
ORANGES WEDGES	1 ORANGE	1	90	0	0	5.00	0.00	60.0	400	90.0	0	2.0	21.0	0.5	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			869	56	1125	16.84	4.97	652.3	10027	106.44	57	34.34	126.54	25.84	10.58	0.00
% of Calories											26.4%	15.8%	58.3%	26.8%	11.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 09/06/2019																
JIA Menu B	Total	1														
Cheese Pizza/WG crust Elem	Slice	1	370	40	580	4.00	2.70	250.0	500	0.0	10	17.0	40.0	16.0	8.00	0.00
Baked Beans	4 OZ	1	140	0	550	5.00	1.80	40.0	60	0.0	12	6.0	29.0	1.0	0.00	0.00
DICED PEACHES	1/2 cup	1	50	0	0	1.00	0.00	0.0	300	1.2	10	1.0	12.0	0.0	0.00	0.00
Craisins, Strawberry	Pkg	1	110	0	0	2.00	0.00	0.0	120	0.0	24	0.0	27.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00

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Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			920	56	1675	13.74	5.04	632.3	9777	4.05	83	32.97	140.25	26.34	10.58	0.00
% of Calories											36.2%	14.3%	61.0%	25.8%	10.4%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 09/09/2019																
JIA Menu B	Total	1														
CHICKEN NUGGETS	5 nuggets	1	240	20	470	3.00	1.80	40.0	100	0.0	1	13.0	16.0	14.0	2.50	0.00
Breadstick, Whole Grain	breadstick	1	80	0	100	1.00	0.72	20.0	0	0.0	2	2.0	14.0	1.0	0.00	0.00
Coleslaw-Elem.	4 oz	1	91	4	123	1.41	0.25	28.1	958	17.72	10	0.7	12.47	4.25	0.43	0.00
TROPICAL FRUIT	1/2 cup	1	80	0	0	1.00	0.36	0.0	0	18.0	19	0.0	20.0	0.0	0.00	0.00
APPLE FRESH	3"	1	95	0	2	4.37	0.22	10.9	98	8.37	19	0.47	25.13	0.31	0.05	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Honey Mustard Dressing	2 TBSP	1	140	10	160	0.00	0.00	0.0	0	0.0	8	0.0	9.0	11.0	2.00	0.00
Honey Packet	packet	1	25	0	0	0.00	0.00	0.0	0	0.0	7	0.0	7.0	0.0	0.00	0.00
Barbecue Sauce-Open Pit-JHFS	2 TBSP	1	50	0	440	0.00	0.00	0.0	45	0.0	9	0.0	11.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			1050	50	1841	12.51	3.89	441.4	9999	46.95	102	25.14	146.86	39.91	7.56	0.00
% of Calories											38.8%	9.6%	55.9%	34.2%	6.5%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Tue - 09/10/2019																
JIA Menu B	Total	1														
CHICKEN NUGGETS	5 nuggets	1	240	20	470	3.00	1.80	40.0	100	0.0	1	13.0	16.0	14.0	2.50	0.00
Breadstick, Whole Grain	breadstick	1	80	0	100	1.00	0.72	20.0	0	0.0	2	2.0	14.0	1.0	0.00	0.00
Cucumber with Raw Peel	6 oz servin	1	15	0	0	1.00	0.36	20.0	0	0.0	2	1.0	3.0	0.0	0.00	0.00
Pineapple Tidbits	1/2 cup	1	70	0	0	1.00	0.36	0.0	75	9.0	15	0.0	18.0	0.0	0.00	0.00
GRAPES,FRESH	1/2 cup	1	55	0	0	0.50	0.36	10.0	0	0.0	12	0.5	14.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Honey Mustard Dressing	2 TBSP	1	140	10	160	0.00	0.00	0.0	0	0.0	8	0.0	9.0	11.0	2.00	0.00
Honey Packet	packet	1	25	0	0	0.00	0.00	0.0	0	0.0	7	0.0	7.0	0.0	0.00	0.00
Barbecue Sauce-Open Pit-JHFS	2 TBSP	1	50	0	440	0.00	0.00	0.0	45	0.0	9	0.0	11.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			925	46	1715	8.24	4.14	432.3	9017	11.85	83	25.47	124.25	35.34	7.08	0.00
% of Calories											36.0%	11.0%	53.7%	34.4%	6.9%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 09/11/2019																
JIA Menu B	Total	3														
CHICKEN NUGGETS	5 nuggets	1	240	20	470	3.00	1.80	40.0	100	0.0	1	13.0	16.0	14.0	2.50	0.00
Breadstick, Whole Grain	breadstick	1	80	0	100	1.00	0.72	20.0	0	0.0	2	2.0	14.0	1.0	0.00	0.00
Lettuce, Romaine Ribbons	1 cup	1	10	0	0	1.00	0.36	20.0	0	0.0	1	1.0	2.0	0.0	0.00	0.00
Fruit Cocktail	.5 cup	1	60	0	5	1.00	0.00	0.0	200	3.6	11	0.0	14.0	0.0	0.00	0.00
BANANA	6-7 inch	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Honey Mustard Dressing	2 TBSP	1	140	10	160	0.00	0.00	0.0	0	0.0	8	0.0	9.0	11.0	2.00	0.00
Honey Packet	packet	1	25	0	0	0.00	0.00	0.0	0	0.0	7	0.0	7.0	0.0	0.00	0.00
Barbecue Sauce-Open Pit-JHFS	2 TBSP	1	50	0	440	0.00	0.00	0.0	45	0.0	9	0.0	11.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			315	15	574	3.46	1.23	142.5	3069	5.08	26	8.69	42.77	11.89	2.40	0.00
% of Calories											33.3%	11.0%	54.3%	34.0%	6.9%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Thu - 09/12/2019																
JIA Menu B	Total	1														
CHICKEN NUGGETS	5 nuggets	1	240	20	470	3.00	1.80	40.0	100	0.0	1	13.0	16.0	14.0	2.50	0.00
Breadstick, Whole Grain	breadstick	1	80	0	100	1.00	0.72	20.0	0	0.0	2	2.0	14.0	1.0	0.00	0.00
Refried Beans-JHFS	#8 scoop	1	180	0	66	10.00	2.40	55.9	1	0.98	0	10.0	30.0	2.0	0.00	0.00
DICED PEARS	1/2 cup	1	60	0	5	2.00	0.00	0.0	0	1.2	12	0.0	16.0	0.0	0.00	0.00
Dragon Punch	carton	1	50	0	35	0.00	0.00	0.0	500	30.0	12	0.0	13.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Honey Mustard Dressing	2 TBSP	1	140	10	160	0.00	0.00	0.0	0	0.0	8	0.0	9.0	11.0	2.00	0.00
Honey Packet	packet	1	25	0	0	0.00	0.00	0.0	0	0.0	7	0.0	7.0	0.0	0.00	0.00
Barbecue Sauce-Open Pit-JHFS	2 TBSP	1	50	0	440	0.00	0.00	0.0	45	0.0	9	0.0	11.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			1075	46	1821	17.74	5.45	458.3	9443	35.03	78	33.97	148.25	37.34	7.08	0.00
% of Calories											29.2%	12.6%	55.2%	31.3%	5.9%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 09/13/2019																
JIA Menu B	Total	1														
CHICKEN NUGGETS	5 nuggets	1	240	20	470	3.00	1.80	40.0	100	0.0	1	13.0	16.0	14.0	2.50	0.00
Breadstick, Whole Grain	breadstick	1	80	0	100	1.00	0.72	20.0	0	0.0	2	2.0	14.0	1.0	0.00	0.00
Lettuce, Romaine Ribbons	1 cup	1	10	0	0	1.00	0.36	20.0	0	0.0	1	1.0	2.0	0.0	0.00	0.00
DICED PEACHES	1/2 cup	1	50	0	0	1.00	0.00	0.0	300	1.2	10	1.0	12.0	0.0	0.00	0.00
Pears,fresh-JHFS	pear	1	90	0	0	5.00	0.36	0.0	50	6.0	16	1.0	25.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Honey Mustard Dressing	2 TBSP	1	140	10	160	0.00	0.00	0.0	0	0.0	8	0.0	9.0	11.0	2.00	0.00
Honey Packet	packet	1	25	0	0	0.00	0.00	0.0	0	0.0	7	0.0	7.0	0.0	0.00	0.00
Barbecue Sauce-Open Pit-JHFS	2 TBSP	1	50	0	440	0.00	0.00	0.0	45	0.0	9	0.0	11.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			935	46	1715	12.74	3.78	422.3	9292	10.05	81	26.97	128.26	35.34	7.08	0.00
% of Calories											34.8%	11.5%	54.9%	34.0%	6.8%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Mon - 09/16/2019																
JIA Menu B	Total	1														
Yogurt, Strawberry 4 oz.	4 oz. servin	1	70	0	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
String Cheese-JHFS	stick	1	60	10	200	0.00	0.00	200.0	100	0.0	1	7.0	1.0	3.0	2.00	0.00
Bagel, White WG-Lender's	Bagel	1	140	0	160	4.00	1.80	40.0	0	0.0	4	6.0	28.0	1.0	0.00	0.00
Corn, Frozen (1/2 cup)	1/2 cup	1	93	0	5	1.87	0.34	0.0	93	2.24	2	2.8	19.58	0.93	0.00	0.00
MANDARIN ORANGES,CND,LT SYRUP,	1/2 cup	1	90	0	10	0.00	0.36	20.0	400	18.0	19	1.0	20.0	0.0	0.00	0.00
APPLE FRESH	3"	1	95	0	2	4.37	0.22	10.9	98	8.37	19	0.47	25.13	0.31	0.05	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Margarine Cup	serving	1	23	0	34	0.00	0.00	0.0	340	0.0	0	0.0	0.0	2.83	0.57	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			820	26	1016	11.97	3.25	763.2	9829	31.46	82	30.24	139.97	17.42	5.20	0.00
% of Calories											40.0%	14.7%	68.3%	19.1%	5.7%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Tue - 09/17/2019																
JIA Menu B	Total	1														
Yogurt, Strawberry 4 oz.	4 oz. servin	1	70	0	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
String Cheese-JHFS	stick	1	60	10	200	0.00	0.00	200.0	100	0.0	1	7.0	1.0	3.0	2.00	0.00
Bagel, White WG-Lender's	Bagel	1	140	0	160	4.00	1.80	40.0	0	0.0	4	6.0	28.0	1.0	0.00	0.00
Lettuce, Romaine Ribbons	1 cup	1	10	0	0	1.00	0.36	20.0	0	0.0	1	1.0	2.0	0.0	0.00	0.00
Fiesta Black Beans	1/2 cup	1	120	0	460	5.00	1.80	40.0	0	0.0	1	7.0	22.0	0.5	0.00	0.00
DICED PEARS	1/2 cup	1	60	0	5	2.00	0.00	0.0	0	1.2	12	0.0	16.0	0.0	0.00	0.00
GRAPES,FRESH	1/2 cup	1	55	0	0	0.50	0.36	10.0	0	0.0	12	0.5	14.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Margarine Cup	serving	1	23	0	34	0.00	0.00	0.0	340	0.0	0	0.0	0.0	2.83	0.57	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			787	26	1464	14.24	4.85	802.3	9238	4.05	68	34.47	129.25	16.68	5.15	0.00
% of Calories											34.7%	17.5%	65.7%	19.1%	5.9%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

Wed - 09/18/2019																
JIA Menu B	Total	1														
Yogurt, Strawberry 4 oz.	4 oz. servin	1	70	0	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
String Cheese-JHFS	stick	1	60	10	200	0.00	0.00	200.0	100	0.0	1	7.0	1.0	3.0	2.00	0.00
Bagel, White WG-Lender's	Bagel	1	140	0	160	4.00	1.80	40.0	0	0.0	4	6.0	28.0	1.0	0.00	0.00
PEAS - FROZEN	4 OZ	1	89	0	0	5.10	1.38	0.0	255	4.59	5	6.37	15.29	0.0	0.00	0.00
TROPICAL FRUIT	1/2 cup	1	80	0	0	1.00	0.36	0.0	0	18.0	19	0.0	20.0	0.0	0.00	0.00
BANANA	6-7 inch	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Margarine Cup	serving	1	23	0	34	0.00	0.00	0.0	340	0.0	0	0.0	0.0	2.83	0.57	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			802	26	1001	14.46	4.33	737.4	9557	34.23	79	33.44	133.61	16.51	5.26	0.00
% of Calories											39.3%	16.7%	66.7%	18.5%	5.9%	0.0%
Nutrient Guideline			550-650		1230										<10.00	

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2019																
JIA Menu B	Total	1														
Yogurt, Strawberry 4 oz.	4 oz. servin	1	70	0	60	0.00	0.00	150.0	0	0.0	10	4.0	14.0	0.0	0.00	0.00
String Cheese-JHFS	stick	1	60	10	200	0.00	0.00	200.0	100	0.0	1	7.0	1.0	3.0	2.00	0.00
Bagel, White WG-Lender's	Bagel	1	140	0	160	4.00	1.80	40.0	0	0.0	4	6.0	28.0	1.0	0.00	0.00
Broccoli, cooked	.5 cup	1	25	0	20	3.00	0.00	0.0	0	0.0	1	3.0	5.0	0.0	0.00	0.00
APPLESAUCE,CANNED,UNSW TND	1/2 cup	1	50	0	10	1.00	0.00	5.0	0	0.0	11	0.0	12.0	0.0	0.00	0.00
ORANGES WEDGES	1 ORANGE	1	90	0	0	5.00	0.00	60.0	400	90.0	0	2.0	21.0	0.5	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Margarine Cup	servin	1	23	0	34	0.00	0.00	0.0	340	0.0	0	0.0	0.0	2.83	0.57	0.00
Milk, White Fat Free	carton	1	100	15	120	0.00	0.00	300.0	500	1.2	11	8.0	11.0	2.5	1.50	0.00
Weighted Daily Average			657	31	919	14.74	2.33	797.3	9638	92.85	43	30.97	100.25	16.68	5.15	0.00
% of Calories											26.4%	18.8%	61.0%	22.8%	7.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00
Mon - 09/23/2019																
JIA Menu B	Total	3														
HOT DOG/TURKEY	1 EACH	1	110	50	240	0.00	1.08	60.0	0	6.0	0	8.0	0.0	9.0	2.50	0.00
HOT DOG BUN/WHOLE GRAIN	1 BUN	1	110	0	140	2.00	1.08	40.0	0	0.0	3	4.0	21.0	1.5	0.00	0.00
Grape Tomatoes	1/2 cup	1	15	0	5	1.00	0.18	10.0	750	12.0	3	1.0	3.5	0.0	0.00	0.00
Fruit Cocktail	.5 cup	1	60	0	5	1.00	0.00	0.0	200	3.6	11	0.0	14.0	0.0	0.00	0.00
APPLE FRESH	3"	1	95	0	2	4.37	0.22	10.9	98	8.37	19	0.47	25.13	0.31	0.05	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Relish	2 Tbls ser ving	1	25	0	270	1.00	0.00	40.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			221	22	402	3.70	1.03	167.7	3282	10.94	*21	7.48	33.96	6.72	1.71	0.00
% of Calories											*37.8%	13.5%	61.3%	27.3%	7.0%	0.0%
Nutrient Guideline			550-650		1230											<10.00

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/24/2019																
JIA Menu B	Total	3														
HOT DOG/TURKEY	1 EACH	1	110	50	240	0.00	1.08	60.0	0	6.0	0	8.0	0.0	9.0	2.50	0.00
HOT DOG BUN/WHOLE GRAIN	1 BUN	1	110	0	140	2.00	1.08	40.0	0	0.0	3	4.0	21.0	1.5	0.00	0.00
DICED PEARS	1/2 cup	1	60	0	5	2.00	0.00	0.0	0	1.2	12	0.0	16.0	0.0	0.00	0.00
GRAPES,FRESH	1/2 cup	1	55	0	0	0.50	0.36	10.0	0	0.0	12	0.5	14.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Relish	2 Tbls ser ving carton	1	25	0	270	1.00	0.00	40.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			203	22	400	2.41	1.02	164.1	2932	3.35	*18	7.16	29.75	6.61	1.69	0.00
% of Calories											*35.6%	14.1%	58.5%	29.3%	7.5%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Wed - 09/25/2019																
JIA Menu B	Total	1														
HOT DOG/TURKEY	1 EACH	1	110	50	240	0.00	1.08	60.0	0	6.0	0	8.0	0.0	9.0	2.50	0.00
HOT DOG BUN/WHOLE GRAIN	1 BUN	1	110	0	140	2.00	1.08	40.0	0	0.0	3	4.0	21.0	1.5	0.00	0.00
Refried Beans-JHFS	#8 scoop	1	180	0	66	10.00	2.40	55.9	1	0.98	0	10.0	30.0	2.0	0.00	0.00
MANDARIN ORANGES,CND,LT SYRUP,	1/2 cup	1	90	0	10	0.00	0.36	20.0	400	18.0	19	1.0	20.0	0.0	0.00	0.00
BANANA	6-7 inch	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Relish	2 Tbls ser ving carton	1	25	0	270	1.00	0.00	40.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			855	66	1272	17.37	5.72	563.3	9263	36.62	*62	33.07	132.32	22.18	5.19	0.00
% of Calories											*28.9%	15.5%	61.9%	23.4%	5.5%	0.0%
Nutrient Guideline			550-650		1230											<10.00

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Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2019																
JIA Menu B	Total	1														
HOT DOG/TURKEY	1 EACH	1	110	50	240	0.00	1.08	60.0	0	6.0	0	8.0	0.0	9.0	2.50	0.00
HOT DOG BUN/WHOLE GRAIN	1 BUN	1	110	0	140	2.00	1.08	40.0	0	0.0	3	4.0	21.0	1.5	0.00	0.00
BROCCOLI,raw: fresh	6 oz.	1	55	0	71	5.45	1.18	65.4	2617	111.22	2	4.36	11.99	0.55	0.00	0.00
Cauliflower, raw 6 oz.	6 oz	1	19	0	23	1.95	0.27	15.0	0	35.1	2	1.5	4.5	0.15	0.00	0.00
Pineapple Tidbits	1/2 cup	1	70	0	0	1.00	0.36	0.0	75	9.0	15	0.0	18.0	0.0	0.00	0.00
Dragon Punch	carton	1	50	0	35	0.00	0.00	0.0	500	30.0	12	0.0	13.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Relish	2 Tbls ser ving carton	1	25	0	270	1.00	0.00	40.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			688	66	1324	13.14	4.50	562.8	11989	194.17	*61	26.83	106.75	20.54	5.08	0.00
% of Calories											*35.5%	15.6%	62.1%	26.9%	6.6%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Fri - 09/27/2019																
JIA Menu B	Total	1														
HOT DOG/TURKEY	1 EACH	1	110	50	240	0.00	1.08	60.0	0	6.0	0	8.0	0.0	9.0	2.50	0.00
HOT DOG BUN/WHOLE GRAIN	1 BUN	1	110	0	140	2.00	1.08	40.0	0	0.0	3	4.0	21.0	1.5	0.00	0.00
Emoji Smile Potatoes	5 piece s erving	1	140	0	95	2.00	0.72	0.0	0	0.0	0	2.0	23.0	5.0	1.00	0.00
Jenison Spirit Applesauce	4 oz servin	1	77	0	49	1.03	0.00	5.1	0	5.6	18	0.37	18.66	0.0	0.00	0.00
Hudsonville Spirit Applesauce	4 oz. servin	1	77	0	44	1.03	0.00	5.1	0	5.6	18	0.37	18.66	0.0	0.00	0.00
Craisins, Strawberry	Pkg	1	110	0	0	2.00	0.00	0.0	120	0.0	24	0.0	27.0	0.0	0.00	0.00
CARROTS,RAW,BABY	6 carrots	1	21	0	47	1.74	0.53	19.2	8274	1.56	3	0.38	4.94	0.08	0.01	0.00
Ranch Dressing	2 tbls	1	79	6	269	0.00	0.00	23.1	23	0.09	2	0.59	3.31	6.77	1.07	0.00
Relish	2 Tbls ser ving carton	1	25	0	270	1.00	0.00	40.0	0	0.0	*N/A*	0.0	6.0	0.0	0.00	0.00
Milk Chocolate Low Fat	carton	1	150	10	230	0.00	0.00	300.0	500	1.2	22	8.0	24.0	2.5	1.50	0.00
Weighted Daily Average			900	66	1384	10.79	3.41	492.6	8917	20.04	*90	23.71	146.57	24.84	6.08	0.00
% of Calories											*39.8%	10.5%	65.2%	24.9%	6.1%	0.0%
Nutrient Guideline			550-650		1230											<10.00

Weighted Average			752	42	1210	11.30	3.67	546.5	8681	42.86	*63	26.35	112.35	22.89	6.60	0.00
											*75.9%	14.0%	59.8%	27.4%	7.9%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Jenison Hudsonville School Food Service

Aug 19, 2019 thru Sep 27, 2019

Base Menu Spreadsheet

JIA Menu B

Portion Values - Detailed

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Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	752		550 - 650	116%			102	Correction Required - Calories too High
Cholesterol (mg)	42							
Sodium 1 (mg)	1210		1230					
Sodium 2 (mg)	1210		935				275	Correction Required - Sodium too High
Fiber (g)	11.30							
Iron (mg)	3.67							
Calcium (mg)	546.5							
Vitamin A (IU)	8681							
Sugars (g)	63	33.72%			Missing			
Vitamin C (mg)	42.86							
Protein (g)	26.35	14.02%						
Carbohydrate (g)	112.35	59.77%						
Total Fat (g)	22.89	27.40%						
Saturated Fat (g)	6.60	7.91%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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