



## Jenison/Hudsonville Secondary Menu



**August 19-23, 2019**

*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>		<b>Jenison Public 1st Day</b>			<b>No School</b>
		Breakfast for Lunch Scrambled Eggs Apple Cinnamon Texas Toast Seasoned Potato Cubes Cole Slaw	Deli Sandwich Bar with all of the fixings! Baked Beans	Asian Chicken Bowl Popcorn Chicken Brown Rice General Tso Sauce Hash Brown Triangles	
<b>Hot Sandwiches</b>		Philly Beef Chicken Patty	Chili Crispito Cheeseburger	Breakfast Sandwich Cheeseburger	
<b>Featured Salad</b>		Asian Chicken Salad	Michigan Salad	Cobb Salad	
<b>Pizza</b>		Pepperoni Calzone Personal Cheese or Pepperoni Pizza	Classic Cheese or Pepperoni Pizza	Pepperoni & Sausage Stromboli Bosco Stuffed Crust Pizza	
<b>Fruits and Vegetables</b>		Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	
	<p>Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)</p>				
<b>Grab &amp; Go</b>		Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

**Questions? Please call Mary Darnton or Stacey Vone at 616-457-2400 or email : [foodservice@hpseagles.net](mailto:foodservice@hpseagles.net)**



## Jenison/Hudsonville Secondary Menu

**August 26 - 30, 2019**



*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>	<b>Hudsonville 1st Day, Jenison No School</b>				<b>No School</b>
	Homemade Chicken Noodle & Rice Soup Bosco Breadstick	Meatball Pasta Bar Meatballs in Sauce or Plain Spaghtti Sauce Rotini Pasta & Garlic Toast Steamed Broccoli Curly Fries Bean Salad	Yogurt Parfait Bar Strawberry or Vanilla Yogurt Fresh or Canned Fruit Granola	Fried Rice Chicken Egg Roll Hash Brown Triangles	
<b>Hot Sandwiches</b>	Cheeseburger Spicy Chicken Patty	Honey Rib Chicken Patty	Wild Mike's Cheese Bites Chicken Tenders	Cheeseburger Mini Corn Dogs	
<b>Featured Salad</b>	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	
<b>Pizza</b>	Classic Cheese or Pepperoni Pizza	Ham & Cheese Calzone Fiestada Pizza	Classic Cheese or Pepperoni Pizza	Pepperoni Pizza Stix Garlic Cheese Bread	
<b>Fruits and Vegetables</b>	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
<b>Grab &amp; Go</b>	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

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## Jenison/Hudsonville Secondary Menu



**September 2 - 6, 2019**

*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>	<b>No School Labor Day</b>	Bosco Breadsticks (2) with Spaghetti Sauce  Star Potatoes  Cole Slaw	Deli Sandwich Bar  with all of the fixings!	Wet Burrito  Tortilla Chips  Black Beans  Waffle Fries	Classic Pasta Bar  Homemade Meat Sauce  Plain Spaghetti Sauce  Rotini Pasta  Garlic Toast  Cali Blend Veggies
<b>Hot Sandwiches</b>		Philly Beef  Chicken Patty	Chili Crispito  Cheeseburger	Chicken Patty  Cheeseburger	Breakfast Sandwich  Mozzarella CheeseSticks
<b>Featured Salad</b>		Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
<b>Pizza</b>		Pepperoni Calzone Personal Cheese or Pepperoni Pizza	Homemade Cheese or Chicken Alfredo Pizza	Pepperoni & Sausage Stromboli Bosco Stuffed Crust Pizza	Classic Cheese or Pepperoni Pizza
<b>Fruits and Vegetables</b>		Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce
		Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes			
		Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)			
<b>Grab &amp; Go</b>		Turkey or Ham Wrap  Vegetarian Bean Wrap  Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap  Cottage Cheese & Homemade Banana Bread  Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap  Vegetarian Bean Wrap  Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich  Fruit Yogurt Parfait w/ Granola Topping  Ham or Turkey Boxed Lunch (Sr High Only)

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

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## Jenison/Hudsonville Secondary Menu



**September 9 - 13, 2019**

*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>	Popcorn Chicken Bowl Popcorn Chicken Mashed Potatoes Chicken Gravy Corn WG Biscuit	Breakfast for Lunch Cheese Omelet Dutch Waffle Seasoned Potato Cubes Bean Salad	Lasagna Roll Up Garlic Toast Cali Blend Veggies	Classic Mac & Cheese Bar Homemade Mac & Cheese Ham or Bacon Steamed Broccoli Blueberry Muffin Hash Brown Triangles	Taco Bar Beef Taco Meat Tortilla Chips/Taco Shells Refried Beans Homemade Pico de Gallo Cheddar Cheese
<b>Hot Sandwiches</b>	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Wild Mike's Cheese Bites Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Cheeseburger
<b>Featured Salad</b>	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
<b>Pizza</b>	Classic Cheese or Pepperoni Pizza	Ham & Cheese Calzone Fiestada Pizza	Homemade Cheese or Sausage Pizza	Pepperoni Pizza Stix Garlic Cheese Bread	Classic Cheese or Pepperoni Pizza
<b>Fruits and Vegetables</b>	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
<b>Grab &amp; Go</b>	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

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## Jenison/Hudsonville Secondary Menu



**September 16 - 20, 2019**

*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>	Beef Pot Roast in Gravy  Mashed Potatoes  Dinner Rolls	Kickin' Bacon Mac & Cheese  Garlic Toast  Waffle Fries  Cole Slaw	Deli Sandwich Bar  with all of the fixings!	Breaded Chicken Drumstick  Au Gratin Potatoes  WG Biscuit  Hash Brown Triangles	<b>Hudsonville Early Release: Sack Lunch Available</b>
					Chicken Fajita Bowl  Chicken Fajita Meat  Mexican Rice  Fiesta Black Beans  Cheddar Cheese  Homemade Pico de Gallo
<b>Hot Sandwiches</b>	Breakfast Sandwich  Spicy Chicken Tenders	Philly Beef  Spicy Chicken Patty	Chili Crispito  Cheeseburger	Chicken Smackers  Cheeseburger	Chicken Patty  Mozzarella CheeseSticks
<b>Featured Salad</b>	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
<b>Pizza</b>	Classic Cheese or Pepperoni Pizza	Pepperoni Calzone Personal Cheese or Pepperoni Pizza	Homemade Cheese or Pepperoni Pizza	Pepperoni & Sausage Stromboli Bosco Stuffed Crust Pizza	Classic Cheese or Pepperoni Pizza
<b>Fruits and Vegetables</b>	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce	Baby Carrots  Romaine Lettuce
	<p>Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)</p>				
<b>Grab &amp; Go</b>	Chicken Wrap  Fruit Yogurt Parfait w/ Granola Topping  Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap  Vegetarian Bean Wrap  Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap  Cottage Cheese & Homemade Banana Bread  Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap  Vegetarian Bean Wrap  Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich  Fruit Yogurt Parfait w/ Granola Topping  Ham or Turkey Boxed Lunch (Sr High Only)

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

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## Jenison/Hudsonville Secondary Menu



**September 23 - 27, 2019**

*Middle Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

*High Schools:* A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include skim white, 1% white, and skim chocolate. **Students must select 1/2 cup of fruit or vegetable with a qualified meal.**

Station	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Special of the Day</b>	Pork Choppette Mashed Potatoes & Gravy Dinner Roll	Chicken Alfredo Pasta Bar Grilled Chicken Alfredo Sauce Rotini Pasta & Garlic Toast Steamed Broccoli Tator Tots / Bean Salad	Sweet Chili Thai or Teriyaki Chicken Brown Rice Midori Blend Veggies	Breakfast for Lunch French Toast Sticks Sausage Patty Hash Brown Triangles	Meaty Chili Baked Scoops Shredded Cheddar Carrot Coins
<b>Hot Sandwiches</b>	Cheeseburger Meatball Hoagie	Honey Rib Chicken Patty	Wild Mike's Cheese Bites Chicken Tenders	Cheeseburger Mini Corn Dogs	Chicken Patty Cheeseburger
<b>Featured Salad</b>	Caesar Salad	Asian Chicken Salad	Michigan Salad	Cobb Salad	Greek Salad
<b>Pizza</b>	Classic Cheese or Pepperoni Pizza	Ham & Cheese Calzone Fiestada Pizza	Homemade Cheese or Chicken Alfredo Pizza	Pepperoni Pizza Stix Garlic Cheese Bread	Classic Cheese or Pepperoni Pizza
<b>Fruits and Vegetables</b>	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce	Baby Carrots Romaine Lettuce
	Daily Vegetable choices can include: Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes				
	Daily Fruit choices can include: Variety of Canned Fruit and Fresh Fruit: Apples, Oranges, Grapes, Bananas, and Seasonal Fruit (Grapefruit, Clementines, Kiwi, Watermelon, Cantaloupe, Strawberries)				
<b>Grab &amp; Go</b>	Chicken Wrap Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Veggie Wrap Cottage Cheese & Homemade Banana Bread Ham or Turkey Boxed Lunch (Sr High Only)	Turkey or Ham Wrap Vegetarian Bean Wrap Ham or Turkey Boxed Lunch (Sr High Only)	Egg Salad or Tuna Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping Ham or Turkey Boxed Lunch (Sr High Only)

**Student Lunch \$3.00**

**Reduced Price \$0.40**

**Milk \$0.50**

**Adult Lunch \$4.00**

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