



Jenison Secondary Menu

October 28 - November 1, 2024



Middle Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

High Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Turkey Gravy Mashed Potatoes Dinner Rolls	Three Cheese Cavatappi Pasta Garlic Toast Green Beans Tator Tots Cole Slaw	Deli Sandwich Bar with all of the fixings! Winter Salad	Wet Burrito Tortilla Chips Fiesta Black Beans Hash Brown Triangles	NO SCHOOL
Hot Sandwiches	Hamburger or Cheeseburger	Mini Corn Dogs	Chicken Tenders & Goldfish Crackers	Chicken Patty on Bun	
Featured Salad	Salads are packaged as grab & go options with the choice of pre-cupped proteins: diced ham, diced turkey, cheddar cheese, hard-boiled eggs, and taco meat. Students may select 2 cups of protein. Each salad will offer 2 servings of WG croutons and a blueberry muffin.				
Pizza	Classic Cheese or Pepperoni Pizza	Pepperoni Calzone	Classic Cheese or Pepperoni Pizza	Chicken Pizzadilla	
Fruits and Vegetables	Daily Vegetable choices can include: Baby Carrots, Romaine Lettuce, Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit, 100% Fruit Juice, and Fresh Fruit: Apples, Oranges, Bananas, and Seasonal Fruit (Clementines, Kiwi, Watermelon, Cantaloupe) Students MUST select a 1/2 cup of fruit or vegetable to qualify as a full meal and to be charged the correct meal price.				
Grab & Go	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	

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Jenison Secondary Menu

November 4 - 8, 2024



Middle Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

High Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Homemade Chicken Noodle & Rice Soup Bosco Breadstick	Pulled Pork Nachos Tortilla Chips Queso Cheese Curly Fries Bean Salad	Chicken Wings & Dutch Waffle Winter Salad	Meatball Pasta Bar Meatballs in Sauce or Plain Spaghetti Sauce Rotini Pasta & Garlic Toast Steamed Broccoli Hash Brown Triangles	Chicken Fajita Bowl Chicken Fajita Meat Mexican Rice & Cheddar Cheese Fiesta Black Beans Homemade Pico de Gallo Fiesta Corn
Hot Sandwiches	Hamburger or Cheeseburger	Chicken Smackers & Goldfish Crackers	Honey Rib Sandwich	Chicken Tenders & Goldfish Crackers	Mozzarella Cheese Sticks
Featured Salad	Salads are packaged as grab & go options with the choice of pre-cupped proteins: diced ham, diced turkey, cheddar cheese, hard-boiled eggs, and taco meat. Students may select 2 cups of protein. Each salad will offer 2 servings of WG croutons and a blueberry muffin.				
Pizza	Classic Cheese or Pepperoni Pizza	Chicken Pizzadilla	Classic Cheese or Pepperoni Pizza	Pepperoni & Sausage Stromboli	Classic Cheese or Pepperoni Pizza
Fruits and Vegetables	<p>Daily Vegetable choices can include: Baby Carrots, Romaine Lettuce, Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit, 100% Fruit Juice, and Fresh Fruit: Apples, Oranges, Bananas, and Seasonal Fruit (Clementines, Kiwi, Watermelon, Cantaloupe)</p> <p>Students MUST select a 1/2 cup of fruit or vegetable to qualify as a full meal and to be charged the correct meal price.</p>				
Grab & Go	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Egg Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping

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Jenison Secondary Menu

November 11 - 15, 2024



Middle Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

High Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Bosco Breadsticks (2) with Spaghetti Sauce	Kickin' Bacon Mac & Cheese Garlic Toast Waffle Fries Cole Slaw	Deli Sandwich Bar with all of the fixings! Baked Beans Winter Salad	Breaded Chicken Drumstick Au Gratin Potatoes WG Biscuit Hash Brown Triangles	Potato Bar Seasoned Potato Wedges Beef Taco Meat Homemade Queso Steamed Broccoli & Garlic Toast Fiesta Corn
Hot Sandwiches	Breakfast Sandwich	Honey Rib Sandwich	Chicken Tenders & Goldfish Crackers	Mini Corndogs	Wild Mike's Cheese Bites
Featured Salad	Salads are packaged as grab & go options with the choice of pre-cupped proteins: diced ham, diced turkey, cheddar cheese, hard-boiled eggs, and taco meat. Students may select 2 cups of protein. Each salad will offer 2 servings of WG croutons and a blueberry muffin.				
Pizza	Classic Cheese or Pepperoni Pizza	Pepperoni Pizza Stix	Classic Cheese or Pepperoni Pizza	Pepperoni Calzone	Classic Cheese or Pepperoni Pizza
Fruits and Vegetables	<p>Daily Vegetable choices can include: Baby Carrots, Romaine Lettuce, Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit, 100% Fruit Juice, and Fresh Fruit: Apples, Oranges, Bananas, and Seasonal Fruit (Clementines, Kiwi, Watermelon, Cantaloupe)</p> <p>Students MUST select a 1/2 cup of fruit or vegetable to qualify as a full meal and to be charged the correct meal price.</p>				
Grab & Go	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Egg Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping

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Jenison Secondary Menu



November 18 - 22, 2024

Middle Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

High Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Chicken Alfredo Pasta Bar Grilled Chicken Alfredo Sauce Rotini Pasta Garlic Toast Steamed Broccoli	Pork Choppette Mashed Potatoes & Gravy Dinner Roll Tator Tots Cold Bean Salad	Orange Chicken or Cherry Chicken Brown Rice Midori Blend Veggies Winter Salad	Breakfast for Lunch French Toast Sticks Sausage Patty Hash Brown Triangles	Meaty Chili Baked Scoops Shredded Cheddar Carrot Coins Fiesta Corn
Hot Sandwiches	Chicken Smackers & Goldfish Crackers	Hamburger or Cheeseburger	Spicy Chicken Tenders & Goldfish Crackers	Honey Rib Sandwich	Mozzarella Cheese Sticks
Featured Salad	Salads are packaged as grab & go options with the choice of pre-cupped proteins: diced ham, diced turkey, cheddar cheese, hard-boiled eggs, and taco meat. Students may select 2 cups of protein. Each salad will offer 2 servings of WG croutons and a blueberry muffin.				
Pizza	Classic Cheese or Pepperoni Pizza	Chicken Pizzadilla	Classic Cheese or Pepperoni Pizza	Pepperoni & Sausage Stromboli	Classic Cheese or Pepperoni Pizza
Fruits and Vegetables	Daily Vegetable choices can include: Baby Carrots, Romaine Lettuce, Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes Daily Fruit choices can include: Variety of Canned Fruit, 100% Fruit Juice, and Fresh Fruit: Apples, Oranges, Bananas, and Seasonal Fruit (Clementines, Kiwi, Watermelon, Cantaloupe) Students MUST select a 1/2 cup of fruit or vegetable to qualify as a full meal and to be charged the correct meal price.				
Grab & Go	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping	Egg Salad Sandwich Fruit Yogurt Parfait w/ Granola Topping

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Jenison Secondary Menu

November 25 - 29, 2024



Middle Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 1 serving of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

High Schools: A complete meal includes a choice of entrée (protein and grain), up to 2 servings of vegetables, 2 servings of fruit, and a choice of milk. Milk choices include 1% white, and skim chocolate. Students must select 1/2 cup of fruit or vegetable with a qualified meal.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Special of the Day	Walking Taco RF Nacho Doritos Beef Taco Meat Cheddar Cheese Refried Beans	Breakfast for Lunch Scrambled Eggs Apple Cinnamon Texas Toast Seasoned Potato Cubes Cole Slaw	NO SCHOOL	NO SCHOOL	NO SCHOOL
Hot Sandwiches	Breakfast Sandwich	Hamburger or Cheeseburger			
Featured Salad	Salads are packaged as grab & go options with the choice of pre-cupped proteins: diced ham, diced turkey, cheddar cheese, hard-boiled eggs, and taco meat. Students may select 2 cups of protein. Each salad will offer 2 servings of WG croutons and a blueberry muffin.				
Pizza	Classic Cheese or Pepperoni Pizza	Pepperoni Pizza Stix			
Fruits and Vegetables	<p>Daily Vegetable choices can include: Baby Carrots, Romaine Lettuce, Bean Salad, Broccoli, Cauliflower, Celery, Coleslaw, Cucumbers, Tomatoes</p> <p>Daily Fruit choices can include: Variety of Canned Fruit, 100% Fruit Juice, and Fresh Fruit: Apples, Oranges, Bananas, and Seasonal Fruit (Clementines, Kiwi, Watermelon, Cantaloupe)</p> <p>Students MUST select a 1/2 cup of fruit or vegetable to qualify as a full meal and to be charged the correct meal price.</p>				
Grab & Go	Fruit Yogurt Parfait w/ Granola Topping	Fruit Yogurt Parfait w/ Granola Topping			

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