



September 2019

Pinewood GSRP Menu



Your lunch includes: An entrée with protein and whole grains, one (1) vegetable side dish, one (1) fruit side dish, and a choice of milk.

Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.

Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
September 2 No School Labor Day	September 3 Turkey Gravy with Dinner Roll Mashed Potatoes Applesauce	September 4 Apple Cinnamon Texas Toast with Sausage Patties (2) Crunchy Celery 100% Apple Juice	September 5 Cheese Pizza Perfect Peas Orange Wedges	September 6
September 9 Ham & Cheese Calzone Cole Slaw Crunchy Apple	September 10 Mac & Meat with Garlic Toast Fresh Cucumbers Pineapple	September 11 Chicken Nuggets with WG Breadstick Romaine Ribbons Banana	September 12 Cheese Pizza Quesadilla Refried Beans Diced Pears	September 13
September 16 Lasagna Rollup with Garlic Toast Corn Mandarin Oranges	September 17 Soft Shell Taco with Cheddar Cheese Romaine Lettuce Fresh Grapes	September 18 Strawberry Yogurt, String Cheese, Bagel Baby Carrots Tropical Mixed Fruit	September 19 Macaroni & Cheese with Garlic Toast Steamed Broccoli Orange Wedges	September 20
September 23 Grilled Cheese Tomato Soup Crunchy Apple	September 24 Beef Pot Roast with Dinner Roll Mashed Potatoes Diced Pears	September 25 Hot Dog Baby Carrots Banana	September 26 Orange Chicken over Brown Rice Fresh Broccoli & Cauliflower Pineapple	September 27

Visit Our Website:
www.jenhudfood.org



Questions? Comments?
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