



# August & September 2019



## Jenison International Academy Lunch Menu

**Student Lunch \$2.50   Reduced Price \$0.40   Milk Only \$0.50   Adult Lunch \$3.50**

Your lunch includes: An entrée with protein and whole grains, up to two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk.

Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.

Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center"><b>August 19</b></p> <p>(W) Pancakes &amp; Cheese Omelet</p> <p>(B) Garlic Cheese Bread Crunchy Celery 100% Grape Juice Fresh Apple</p> <p><b>JIA FIRST DAY OF LUNCH SERVICE</b></p>	<p align="center"><b>August 20</b></p> <p>(W) Chicken Noodle &amp; Rice Soup with Mini Bosco Stick and Cheddar Goldfish</p> <p>(B) Garlic Cheese Bread Grape Tomatoes Diced Pears Fresh Grapes</p> <p><b>Jenison 1st Day</b></p>	<p align="center"><b>August 21</b></p> <p>(W) Pepperoni Pizza Bites</p> <p>(B) Garlic Cheese Bread Sweet Potato Cubes Mandarin Oranges Banana</p>	<p align="center"><b>August 22</b></p> <p>(W) Walking Taco</p> <p>(B) Garlic Cheese Bread Romaine &amp; Fiesta Black Beans Pineapple Orange Wedges</p>	<p align="center"><b>August 23</b></p> <p align="center"><b>No School</b></p> <p align="center"><b>Visit Our Website:</b> <b><a href="http://www.jenhudfood.org">www.jenhudfood.org</a></b></p>
<p align="center"><b>August 26</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>August 27</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>August 28</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>August 29</b></p> <p align="center"><b>No School</b></p>	<p align="center"><b>August 30</b></p> <p align="center"><b>No School</b></p>
<p align="center"><b>September 2</b></p> <p align="center"><b>No School</b></p> <p align="center"><b>Labor Day</b></p>	<p align="center"><b>September 3</b></p> <p>(W) Turkey Gravy with Dinner Roll</p> <p>(B) Cheese Pizza Mashed Potatoes Applesauce Fresh Grapes</p>	<p align="center"><b>September 4</b></p> <p>(W) Apple Cinnamon Texas Toast with Sausage Patties (2)</p> <p>(B) Cheese Pizza Crunchy Celery 100% Apple Juice Banana</p>	<p align="center"><b>September 5</b></p> <p>(W) Chicken Alfredo Pasta with Garlic Toast</p> <p>(B) Cheese Pizza Perfect Peas Pineapple Orange Wedges</p>	<p align="center"><b>September 6</b></p> <p>(W) Cheeseburger or Hamburger</p> <p>(B) Cheese Pizza Baked Beans Diced Peaches Craisins</p>



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Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>September 9</b></p> <p>(W) Ham &amp; Cheese Calzone</p> <p>(B) Chicken Nuggets with WG Breadstick Cole Slaw Tropical Mixed Fruit Crunchy Apple</p>	<p><b>September 10</b></p> <p>(W) Mac &amp; Meat with Garlic Toast</p> <p>(B) Chicken Nuggets with WG Breadstick Fresh Cucumbers Pineapple Fresh Grapes</p>	<p><b>September 11</b></p> <p>(W) Chef Salad with Ham &amp; Cheese and Heart-Shaped Pretzels</p> <p>(B) Chicken Nuggets with WG Breadstick Romaine Ribbons Fruit Cocktail Banana</p>	<p><b>September 12</b></p> <p>(W) Cheese Pizza Quesadilla</p> <p>(B) Chicken Nuggets with WG Breadstick Refried Beans Diced Pears Dragon Punch</p>	<p><b>September 13</b></p> <p>(W) Chicken Fajita with Goldfish Graham</p> <p>(B) Chicken Nuggets with WG Breadstick Romaine Ribbons Diced Peaches Whole Pear</p>
<p><b>September 16</b></p> <p>(W) Lasagna Rollup with Garlic Toast</p> <p>(B) Strawberry Yogurt, String Cheese, Bagel Corn Mandarin Oranges Crunchy Apple</p>	<p><b>September 17</b></p> <p>(W) Soft Shell Taco with Cheddar Cheese</p> <p>(B) Strawberry Yogurt, String Cheese, Bagel Romaine &amp; Fiesta Black Beans Diced Pears Fresh Grapes</p>	<p><b>September 18</b></p> <p>(W) Chicken Tenders &amp; Waffle</p> <p>(B) Strawberry Yogurt, String Cheese, Bagel Power Peas Tropical Mixed Fruit Banana</p>	<p><b>September 19</b></p> <p>(W) Macaroni &amp; Cheese with Garlic Toast</p> <p>(B) Strawberry Yogurt, String Cheese, Bagel Steamed Broccoli Applesauce Orange Wedges</p>	<p><b>September 20</b></p> <p><b>1/2 Day</b></p> <p><b>No Lunch Served</b></p>
<p><b>September 23</b></p> <p>(W) Grilled Cheese &amp; Tomato Soup</p> <p>(B) Hot Dog Grape Tomatoes Fruit Cocktail Crunchy Apple</p>	<p><b>September 24</b></p> <p>(W) Beef Pot Roast with Dinner Roll</p> <p>(B) Hot Dog Mashed Potatoes Diced Pears Fresh Grapes</p>	<p><b>September 25</b></p> <p>(W) Chicken &amp; Cheese Crispito</p> <p>(B) Hot Dog Refried Beans Mandarin Oranges Banana</p>	<p><b>September 26</b></p> <p>(W) Orange Chicken over Brown Rice</p> <p>(B) Hot Dog Fresh Broccoli &amp; Cauliflower Pineapple Dragon Punch</p>	<p><b>September 27</b></p> <p>(W) Pepperoni Calzone</p> <p>(B) Hot Dog Emoji Smile Potatoes School Spirit Applesauce! Craisins</p>

**A NEW Free & Reduced Meal Application MUST be filled out every year! Your application will expire in October if you do not apply. Visit [www.lunchapp.com](http://www.lunchapp.com) or ask your school office for a paper application.**



Questions? Comments?  
Email:  
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or call Food Service at  
457-2400  
Mary Darnton, Food Service  
Director