October2026

Jenison & Hudsonville ECC BREAKFAST MENU

A reimbursable breakfast consists of at least 3 items (Whole Grains, Fruit and Milk), one of which MUST be a fruit (juice or whole fruit).

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST DIETARY SPECIFICATIONS	**AVAILABLE DAILY: YOUR CHOICE OF**			
Calorie Range 350-500	Whole Grain/Reduced Sugar Cinnamon Toast Crunch	Whole Grain/Reduced Sugar Cocoa Puffs	Whole Grain/Reduced Sugar Lucky Charms	Whole Grain/Reduced Sugar Trix
Saturated Fat <10	Goldfish Grahams	Goldfish Grahams	Goldfish Grahams	Mini Animal Crackers
Added Sugars <10	100% Juice	100% Juice	100% Juice	100% Juice
Sodium Limit <540mg	White Milk	White Milk	White Milk	White Milk

Visit Our Website:
www.jenhudfood.org

This institution is an equal opportunity provider.

Questions? Comments?
Email:
foodservice@hpseagles.net

or call Food Service at
457-2400
Mary Darnton, Food Service Director