



April 2019 Lunch Menu

Jenison International Academy



Your lunch includes: An entrée with protein and whole grains, one (1) vegetable side dish, one (1) fruit side dish, and a choice of milk.
 Students must take 3 of the 5 components but must select 1/2 cup fruit or vegetable to qualify as full meal.
 Milk choices include skim white and skim chocolate. All milk is Michigan-produced and artificial hormone-free.

Monday	Tuesday	Wednesday	Thursday	Friday
April 8 Grilled Chicken Wrap with Cheddar Cheese and Romaine Raisins Dragon Juice (vegetable juice) Choice of Milk	April 9	April 10 Taco Salad with Meat & Cheese Baked Doritos Grapes Choice of Milk	April 11 Turkey & Cheese Sandwich on a Whole Grain Bun Baby Carrots Fresh Apple Choice of Milk	April 12
April 15 Yogurt, Bagel, String Cheese Raisins Fresh Apple Choice of Milk	April 16	April 17 Pizza Stacker: round flatbread, marinara sauce, mozzarella cheese, pepperoni Baby Carrots Fresh Apple	April 18 Grilled Chicken Wrap with Cheddar Cheese and Romaine Raisins Dragon Juice (vegetable juice) Choice of Milk	April 19
April 22 Taco Salad with Meat & Cheese Baked Doritos Grapes Choice of Milk	April 23	April 24 Turkey & Cheese Sandwich on a Whole Grain Bun Baby Carrots Fresh Apple Choice of Milk	April 25 Yogurt, Bagel, String Cheese Raisins Fresh Apple Choice of Milk	April 26
April 29 Pizza Stacker: round flatbread, marinara sauce, mozzarella cheese, pepperoni Baby Carrots Fresh Apple	April 30	May 1 Grilled Chicken Wrap with Cheddar Cheese and Romaine Raisins Dragon Juice (vegetable juice) Choice of Milk	May 2 Taco Salad with Meat & Cheese Baked Doritos Grapes Choice of Milk	May 3

Visit Our Website:
www.jenhudfood.org



Questions? Comments?
 Email:
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or call Food Service at
 457-2400
 Mary Darnton, Food Service Director